



The Department of Catechesis
Syro-Malabar Eparchy of St. Thomas the Apostle Melbourne, Australia

HOLYWEEN - CELEBRATING THE SAINTS

“Do not be afraid to be Holy! Have the courage and humility to present yourselves to the world determined to be Holy, since full and true freedom is born from holiness”: Pope John Paul II”

The Department of Catechesis of the Syro Malabar Eparchy of St. Thomas the Apostle Melbourne is encouraging the catechism students and young adults up to the age 21 to participate in the Holyween competition 2025.

Dress up like a saint and prepare a short video

1. **Parent Registration & Media Consent** Parents must complete the registration form and sign the media consent allowing their child to participate in the program.

Registration form Link:

<https://forms.gle/r344iJuCqXKjAphWA>

Saint Costume Video Guidelines

2. **Choose a Saint:** Select any saint listed in this guideline.
3. **Dress Up:** Wear a costume that visually represents your chosen saint. Be creative and respectful in your portrayal.
4. **Record Your Video**
Prepare a short video of the child dressed as the saint.
Duration: 30 to 90 seconds (must not exceed 90 seconds)
Ensure good lighting and clear audio for best quality.
5. **Sample Script**
Here's an example you can follow:
“I am (Name) from Grade ____ of St Alphonsa Forane Parish, Parramatta. I want to be holy and become a saint, like (Saint's Name). I want to share with you a famous quote from them: ‘(Insert quote).’ Remember, we are all called to be saints.” (Show a picture of the saint at the end)
6. **Submission date:**
Please submit your video entry to the Department of Catechesis before **31st October 2025**.

Note: Costumes should be modest, respectful, and reflect the holiness and virtues of the chosen saint.

Tips for creating Video

- Record in landscape mode for a wider, more professional look.
- Use plenty of light and choose a clean, uncluttered background to keep the focus on the child.
- Ensure the video is crisp and clear—avoid shaky footage.
- Do not include any personal information such as your home address, car number plates, or other identifiable details.



Saints to choose from

- Mary, Mother of God (you could choose any Marian apparition. But you have to deliver the key message of that apparition.)
- St. Joseph
- St. Carlo Acutis
- St. Margaret Mary Alacoque
- St Thomas the Apostle
- St Mary Mackillop
- St. Pier Giorgio Frassati
- St. Alphonsa
- St. Euphrasia
- St. Chavara Kurikaose Elias
- St. John Paul II
- St. Jude Thaddeus
- St. Peter
- St. Paul
- St. Cecilia
- St. Philomena
- St. Clare of Assisi
- St. Faustina Kowalska
- St. Theresa of Liseux
- St. Theresa of Calcutta (Mother Theresa)
- St. Dominc Savio
- St. Elizabeth of Hungary
- St Francis of Assissi
- St. Joan of Arc
- St Padre Peo
- St. Theresa of Avila
- St. John Henry Newman
- St. Thomas Aquinas
- St. Catherine of Laboure
- St. Maxmilian Kolbe
- St. Patrick
- St. Anthony
- St. Michael the Archangel
- Or your parish saint

**Acceptance Policy:**

1. Submissions that are partial or incomplete will not be considered.
2. **Poor quality videos will not be considered.**
3. **All entries to be sent to catechism.eparchy@syromalabar.org.au**
4. **Please follow us on Insta, FB and subscribe to our You Tube Chanel.**
https://www.youtube.com/channel/UCxIRbKpYE-QKZ_dZ2ggLW7Q
<https://www.facebook.com/catechesismelbournediocese/>
<https://instagram.com/catechesismelbournediocese?igshid=NTc4MTIwNjQ2YQ==>

Videos will be uploaded in the departments Insta, Facebook and YouTube channel in the order received.

Winners:

\$ 51 Cash Prize for the best dressed saint from the Department and Consolation Prizes by Parishes.

Department of Catechesis.

1st October 2025